

BACKSTROKE LEDGE

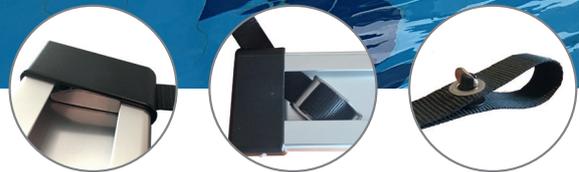


Easy to use starting device

The Anti Wave Backstroke Start Ledge is an easy to use and practical backstroke starting device for swimmers to perform top performance backstroke starts. The Backstroke Start Ledge includes 5 point manual height adjustment and is suitable for connection to all standard starting blocks including all Anti Wave Blocks.

Developed in consultation with Australian Swim Team members, the Ledge is simple to install and adjust on the pool by the swimmer or coach.

- Compatible with all standard block types, and adjustable to suit a range of swimmers needs including Masters as well as elite competition swimming and training
- Marine grade anodised aluminium body with non-slip surface, Nylon Protector End Caps and Polyester Webbing with SS316 Cam Buckle
- Adjustable to 5 positions to suit each swimmers needs using simple and durable StayPut and Eyelet system. Can be adjusted to +4cm above or -4cm below water level, as well as longer adjustments to suit Master/ Youth swimmers
- Meets FINA FR 2.10 Regulations, suitable for FINA Events



DIMENSIONS: 650mm long, 80mm tall, 20mm wide

ANGLE OF WEDGE: 10 degrees

WEIGHT: 0.85 kg

Anti Wave Backstroke Ledge

Model/Item No.	Description	SHIPPING			
		Weight	Length	Width	Height
AWE350	Backstroke Starting Device FINA	.85kg	650mm	20mm	80mm